

Office of the Commanding Officer 2051 19<sup>th</sup> Alberta Dragoons Royal Canadian Army Cadets

# FTX Wandering Dragoons

### DRESS AND EQUIPMENT

- 1. Dress during FTX: Field Training Uniform (FTU) or appropriate civilian gear.
- 2. All personnel must dress according to weather conditions. Dress in layers.
- 3. The following is a list for all personnel:

#### CADET KIT LIST

- □ FTU or appropriate civilian gear (no jeans) (2 sets)
- $\Box$  Sweater x2
- $\hfill\square$  Jacket, suitable for the season
- □ Change of socks & underwear x4
- □ Rucksack (if you have one)
- □ Sturdy waterproof outdoor boots with ankle support and a spare pair of shoes
- □ 1L+ water bottle / Camelbak
- □ Notepad & Pencil
- □ Flashlight / Headlamp (recommended)
- $\Box$  Cup / Mug (preferably with lid)
- **Personal Hygiene:** Toothbrush, toothpaste, soap, personal towel, hygiene products

□ **Personal Medication:** Medication must be labelled with name & instructions and turned in to an adult staff upon arrival

#### Note: Phones and other valuables are permitted at your own risk

If COLD WEATHER is on the forecast:	If RAIN WEATHER is on the forecast:
<ul> <li>Mittens/gloves</li> <li>Toque</li> <li>Warm jacket</li> </ul>	<ul><li>Waterproof jacket &amp; pants</li><li>Hat</li></ul>

## THE HOST UNIT WILL SUPPLY

- □ Sleeping bag
- $\Box$  Air mattress
- □ Tents & ground sheets
- □ Sunscreen/bug spray/foot powder as required
- □ First aid kit
- □ Food & Snacks: Meals, snacks, and beverages are provided
- □ All required FTX training equipment