



# FTX Cold Dragoons

## DRESS AND EQUIPMENT

1. **Dress during FTX:** Appropriate civilian gear, cadets will be sent back home if not dressed appropriately – this is an outdoor training activity.
2. All personnel must dress according to weather conditions. **Dress in layers.**
3. The following is a list for all personnel:

### CADET KIT LIST

**Prohibited:** Cotton clothing (it retains moisture and loses insulation value)

#### Base Layer (Moisture-Wicking):

- Thermal underwear (top & bottom)
- Lightweight, moisture-wicking socks (worn under heavier socks)

#### Mid-Layer (Insulation):

- Fleece or wool sweater
- Insulating pants (fleece or wool)
- Wool or synthetic socks x2

#### Outer Layer (Weatherproof):

- Waterproof / windproof jacket
- Waterproof / windproof pants

#### Head & Hands:

- Insulated mittens/gloves (with a waterproof outer layer)
- Insulated toque (wool or synthetic)

#### Footwear:

- Insulated winter boots (combat boots are **NOT** appropriate)

### Personal Gear:

- Small daypack\*
- Water bottle (non-metal, insulated, 1L+)
- Notepad & pencils

**Personal Medication:** Medication must be labelled with name & instructions and turned in to an adult staff upon arrival

### Optional / Recommended Items:

- Sunglasses
- Hand & foot warmers

**Note:** Phones and other valuables are permitted at your own risk

### 2051 DRAGOONS WILL SUPPLY

- Emergency first aid kits
- Webbing
- Sunscreen/bug spray/foot powder as required
- Food & Snacks:** Meals, snacks, and beverages are provided
- All required FTX training equipment

\*Daypack: must request one in advance only if you need one; limited quantities! To receive a daypack, you must complete a Uniform Exchange Form and use the 'Other' field.