

SCHEDULE – 14 October 2023 - Gold Bar Park – 23SC106

SATURDAY						
0830-0845	LOCAL CADETS ARRIVE					
0845-0900	SPORTS BRIEFING					
	Sports Tabloid					
0900-0930	Alpha	Bravo	Charlie	Foxtrot	Echo	Delta
0930-1000	Alpha	Bravo	Charlie	Foxtrot	Echo	Delta
1000-1015	STAND EASY					
1015-1045	Alpha	Bravo	Charlie	Foxtrot	Echo	Delta
	Soccer		Handball		Kickball	
1045-1115	Echo	Delta	Alpha	Bravo	Charlie	Foxtrot
1115-1215	DINNER					
1215-1245	Charlie	Bravo	Echo	Foxtrot	Alpha	Delta
1245-1315	Alpha	Foxtrot	Charlie	Delta	Echo	Bravo
1315-1330	STAND EASY					
	Basketball		Volleyball		Gaga Ball	
1330-1400	Alpha	Bravo	Charlie	Foxtrot	Echo	Delta
1400-1430	Echo	Foxtrot	Alpha	Delta	Charlie	Bravo
1430-1500	Charlie	Delta	Echo	Bravo	Alpha	Foxtrot
1500-1530	CLEAN UP					
1530-1600	Debrief					

Equipment List

Estimated 6 teams – 16 cadets per team – total of 95 cadets

Item	Quantity	Notes
Pilons	12	Sports Tabloid
Hockey Sticks	24	Sports tabloid / Hockey
Gym Hockey Ball	3	Hockey
Hoola Hoops	12	Sports Tabloid
Bean Bags	12	Sports Tabloid
Buckets	12	Sports Tabloid
Pinny's	95	Sports / Sports Tabloid
Frisbys	8	Sports Tabloid
Flagging Tape	4 Rolls	Various Colours / Sports Tabloid
School Play Parachutes	1	Sports Tabloid
Skipping Ropes	32	Sports Tabloid
Gym Mats	10	
Soccer Balls	2	For respective Sport
Volley Balls	2	For respective Sport
Dodge Balls	6	Soft Foam Ones
Basket Balls	2	For respective Sport
Tables	8	Gaga Ball
Soccer / Hockey Nets	6	For Hand Ball, Hockey, Soccer
Volley Ball Net	1	For respective Sport
Basket Ball Nets	2	For respective Sport
First Aid Kits	2	As needed